



CITIZENS
HEALTH



PHYSICIAN OPPORTUNITY INFORMATION

COME GROW WITH US

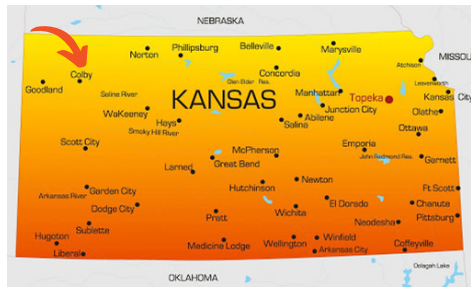
2022/2023

Leading the Region In Health Care

Located in Colby, KS., just off I-70, Citizens Health is the largest health care provider in northwest Kansas, and a convenient drive from all points in the greater Northwest Kansas region and beyond. Citizens Health is a comprehensive community owned health care system that consist of:

- ✓ Family Center for Health Care (physician's clinic)
- ✓ Citizens Medical Center (critical access hospital)
- ✓ Prairie Senior (long term care facility)

Our skilled team of physicians, nurses, specialists and staff provide a wide range of medical services and quality care for the whole family at every stage of life. Our comprehensive testing and treatment services rival those you'll find at larger medical centers, with state-of-the-art equipment and experienced, knowledgeable care providers and specialists.



Colby, KS

Colby is a rural community located in Northwest Kansas with a population of 5,426. Colby resides in Thomas County with a total population of 7,748. In providing OB and other robust services for the surrounding region, the clinic draws patients from a nine-county area and beyond. Colby offers a quality lifestyle with affordable housing and an outstanding public school system. A wide variety of outdoor sports and recreational attractions are available locally and

within the area. Colby is known as "the Oasis on the Plains" an image due to its progressive educational, medical, cultural and commercial facilities. The Family Practice Clinic is one of the most modern and progressive clinics in the region. Its tag line "Our Family Taking Care of Your Family" summarizes the culture of the clinic for both patients and staff. We hope you will take the opportunity to come see us in Colby. We are positive you will find our community and our healthcare facilities one of the finest in rural Kansas.

Services

At Citizens Health our regional health care system provides a wide range of services for every stage of life.

- Obstetrics
- Comprehensive Radiology w/ the most advanced diagnostics on-site including: 3D Mammography, 80-Slice CT, Nuclear Medicine, Ultrasound, and a new 1st in the state MRI)
- Cardiopulmonary services
- Laboratory
- Rehabilitation Department (Occupational, Speech, Physical Therapy, etc.)
- Surgical Care with 2 General Surgeons & 6 CRNAs
- Social Services, Counseling, Diabetes & Nutrition Services
- Home Medical Equipment (Citizens Medical Equipment)
- Oncology Services
- Specialty Clinic with over 44 specialist

'21 Stats



415
Associates



194
Births



188,634
Outpatients



975
Hospital Admissions



36,093
Clinic Visits



1,596
Surgeries



3,345
ER Visits

Family Practice Physicians

Our Team



Dr. Mallory Forsyth, MD. completed her Doctor of Medicine at the University of KS Medical School and finished her residency at the Siouland Family Medical Education Foundation. She has an interest in Family Medicine, Women's Health, and OB. She joined us in 2020 and is Board Certified.



Dr. Sarah Gabel, DO. FAAFP received her Doctor of Osteopathy from KS City University of Medicine and Biosciences. She completed her Family Medicine Residency at William Beaumont Hospital in Troy, MI and a Surgical OB fellowship at Oakwood Hospitals in Wayne and Dearborn, MI. She joined us in 2013, and is Board Certified.



Dr. Dan Kuhlman, MD. received his bachelor's degree in Biology at K-State University. He graduated medical school from the University of Kansas. He completed his residency in Family Medicine at the Smoky Hill Family Medicine Residency in Salina, KS. He has an interest in chronic pain management and end-of-life care. He joined us in 2014, and is Board Certified.



Dr. Kara Kuhlman, MD. received her Bachelor of Science degree in Biology at Seton Hall University in South Orange, NJ. She completed her residency at Family Medicine at the Smoky Hill Family Medicine Residency in Salina, KS. She joined us in 2014, and is Board Certified.



Dr. Darren Matchell, DO. received his medical degree from the University of Health Sciences – College of Osteopathic Medicine in Kansas City. He then completed his 3 year residency through the University of Missouri Kansas City Family medicine program. He joined us in 2005, and he is Board Certified.



Dr. Kysha Nichols-Totten, MD. received her undergraduate degree from Sterling College and attended medical school at University of KS School of Medicine. She completed her residency at Smoky Hill Family Medicine in Salina KS. She joined us in 2016, and is Board Certified.



Dr. Michael Nordquist, D.O. received his medical degree from Des Moines University of Osteopathic Medicine. He then completed his residency at the University of Missouri-Kansas City Family & Community Medicine. Dr. Nordquist joined us in 2021 and is Board Certified.



Dr. Dereck Totten, MD. received his undergraduate degree from KU and attended medical school at University of KS School of Medicine. He completed his residency at Smoky Hill Family Medicine in Salina KS. He joined us in 2016, and is Board Certified.

Nurse Practitioners



Tricia Carney, APRN, received her Bachelors of Science in Nursing from University of Kansas in 2006 and her master's from Graceland University. Tricia joined us in 2008.



Luetta Flanagan, APRN, received her Bachelors of Science in Nursing from Fort Hays State University, and attended West Texas A&M where she received her master's degree in nursing as a Family Nurse Practitioner. She is nationally certified as both a Family Nurse Practitioner and Pediatric Nurse Practitioner. Luetta joined us in 1997.



Jennifer Mackley, APRN received her Bachelor of Science in Nursing from Western Governors University and her master's from Mayville University. Jennifer joined us in 2022.

Physician Assistants



Jennifer Haag, PA-C, received her Bachelor of Science in biology from Kansas State University and attended graduate school at Des Moines University where she received her master's as a Physician Assistant. Jennifer joined us in 2012.



Adam Horinek, PA-C, received his bachelor's degree in biology at McPherson College, then completed his master's degree at Wichita State University as a Physician Assistant. Adam specializes in skin care. Adam joined us in 2015.



Allie Keller, PA-C, received her bachelor's degree in Nutrition Science at the University of Nebraska and her Master of Physician Assistant Studies from Wichita State University. She joined us in 2018.



Amanda Reid, PA-C, received her bachelor's degree at Fort Hays State University and went to Physicians Assistant school at Wichita State. She practices general family practice with specialties in pediatrics and diabetes. Amanda joined us in 2015.



Regina Taylor, PA-C, received her bachelor's degree from Fort Hays State, then completed her master's degree at Wichita State University as a Physician Assistant. Regina joined us in 2015.



Brian Unruh, PA-C, received his bachelor's degree in Natural Sciences/Chemistry from Tabor College and his Bachelor of Physician Assistant at Wichita State University. He also received his Masters of Physician Assistant Studies from the University of Nebraska. Brian has a long history in the Colby area medical community and joined us in 2010.

Physician Assistants



Amanda Sowers, LSCSW, received her bachelor's degree at Fort Hays State University and her master's at Washburn University. Amanda joined us in 2021.

Citizens Health Medical Staff

General Surgeons

Kelly Gabel, DO, FACOS

Brenda Kopriva, MD

Nurse Practitioners

Hannah Bandy, DNP, APRN, FNP-C

Tina Benson, APRN, FNP-C

Banjamin Hamilton, APRN, FNP-C

Rick Hammack, APRN, FNP-C

Stephanie Mesch, APRN, FNP-C

Jenny Niblock, DNP, APRN, FNP-C, MBA

Certified Registered Nurse Anesthetist

Jessica Berg, CRNA

John Evans, CRNA

Kamau Gitau, CRNA

Richard Kilgore, CRNA

Russ Miller, CRNA



Scan the QR Code to see our providers at cmciiks.com

Family Center for Health Care at Citizens Health

Family Practice with or without OB physician employment opportunity

The Family Center for Health Care physician compensation and benefit's offer an excellent overall package that is in the top 85th percentile of the market. You will be joining eight other Family Practice Board Certified Physicians, nine Nurse Practitioners, and six Physician Assistants. This opportunity provides you with the ability to have a full spectrum family practice by allowing you to do a full range of OB services, endoscopic procedures, dermatology, and any other expanded services that you may have training in. Along with the great salary guarantee, a generous productivity incentive is also included. This opportunity offers a flexible schedule with an emphasis of quality time outside of work. Grow both personally and professionally as you enjoy your family practice career.

Family Practice Physician compensation and benefits include:

- The family practice opportunity offers a very market competitive guaranteed base salary for all five years of the initial contract.
- Range from **\$290,000 to \$320,000** depending on skill level and schedule
- Residency stipend up to \$24,000 annually
- 4 Day work week
- A signing bonus
- A student loan repayment plan
- A physician production incentive usually achieved by the 2nd year
- Paid physician benefits include; medical/dental benefits and long-term disability
- Retirement plan (401-K)
- Paid malpractice insurance
- Paid vacation – Four weeks and major holidays
- Paid CME, Dues & Subscriptions -\$4,200 per year
- Paid leave for CME – Five days
- Paid moving expenses (Cap of \$15,000)

For more information, contact Scott Focke, Clinic Administrator at:

Contact Information



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🌐 www.cmciks.com