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Nursing Home Week Lineup

May Activity Calendar

Living Soulfully – NSNCW 2019

May Birthdays

Save the Dates



LIVE SOULFULLY

National Skilled Nursing Care Week

May 12–18, 2019

ahcancal.org/NSNCW | [#NSNCW](https://twitter.com/NSNCW)

May 2019 Edition

PRAIRIE SENIOR

current topics >>>

Farmers Café Sponsors Needed!

Looking to give back? We are looking for sponsors for our upcoming monthly Farmers Café socials. This can be an individual, group or business of any kind.

How does it work? It involves a small \$40 fee and we request if possible you spend an hour of your morning with our residents as they enjoy some donuts and coffee. If interested please contact Matt @ 785-460-1416. We would love to have you!



April Showers Bring May Flowers

What's happening at Prairie Senior?

May is here and we have a full schedule lined up! Every year we celebrate National Nursing Home Week during this month, as well as other holidays including Mother's Day and Memorial Day.

Last month we had a hoppin' good time with our Easter party, some new games indoors and outdoors and tons of new crafts. Our very own IT Department of our organization sponsored our Farmers Café for this month, and they were great hosts!

During the month of April we also officially began accepting skilled referrals. Previously we were only accepting long term care residents, we are excited to expand by accepting skilled patients as of April 1st, 2019!

Check out the nursing home week schedule and all the happenings inside this edition!

Nursing Home Week

at Prairie Senior

SUN 12	Mother's Day Coffee & Pie Social @ 3PM
MON 13	10:00AM—Tea Party 2:00PM—Proclamation & Balloon Release 5:00PM—Family BBQ & Potluck
TUES 14	10:00AM—Yoga with Forever Together Yoga 3:00PM—Grab Bag Bingo
WED 15	9:30AM—Fun on the Patio 2:00PM—Baseball Game
THUR 16	10:00AM—Moonlight Garden Tour 2:00PM—Spa Day
FRI 17	12:00PM—Walking Trail & Picnic Lunch 3:30PM— Ice Cream Social



LIVE SOULFULLY

National Skilled Nursing Care Week

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ahcancal.org/NSNCW | #NSNCW

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2019			1 9:00 Local News 10:00 Brain Teasers 1:30 Creative Choices 2:45 Rosary 3:00 Movie & Popcorn	2 9:00 Morning Talk 10:00 Let's Get Crafty 1:30 Word Puzzles 2:30 BINGO	3 9:00 Morning Talk 9:00–1:00 BINGO STORE OPEN 2:00 Corn Hole 2:30 Ice Cream Social	4 2:30 BINGO
5 2:00 CHURCH (Host: Methodist Church)	6 9:00 Morning Talk 10:00 Bake with Me 2:00– 4:00 Shopping Trip	7 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 2:00 BINGO 4:00 Horse Therapy	8 9:00 Local News 10:00 Brain Teasers 1:30 Bread Baking 2:45 Rosary 3:00 Outside Games	9 9:00 Morning Talk 10:00 Coffee/Soda Social 2:30 BINGO	10 9:00 Morning Talk 10:00 Dominos/Cards 2:00 Walking Club 2:30 Movie & Popcorn	11 2:30 BINGO
12 2:00 CHURCH (Host: Trinity Lutheran) 3:00 Mother's Day Pie Social NURSING HOME WEEK MAY 12th — May 18th	13 10:00 Tea Party 2:00 Balloon Release Proclamation 5:00 Family BBQ Pot- luck	14 10:00 Yoga 2:00 Grab Bag BINGO	15 9:30 Fun on the Patio 2:00 Baseball Game	16 10:00 Moonlight Garden Tour 2:00 Spa Day	17 12:00 Walking Trail Picnic 3:00 Ice Cream Social	18 2:30 BINGO
19 2:00 CHURCH (Host: Levant Youth Group)	20 9:00 Morning Talk 10:00 Bake with Me 2:00– 4:00 Snack & Game of Choice	21 9:00 Morning Talk 10:00 Gospel Sing & Devotions 10:00 Mass 1:00 Craft 2:30 Resident Council 3:00 BINGO	22 9:00 Local News 10:00 Brain Teasers 1:30 Creative Choices 2:45 Rosary 3:00 Bowling	23 9:00 Morning Talk 10:00 Jeopardy 1:30 Outdoor Time 2:30 BINGO	24 9:00 Morning Talk 9:00–1:00 BINGO STORE OPEN 10:00 Farmers Café 2:00 Birthday Party	25 2:30 BINGO
26 2:00 CHURCH (Host: Assembly of God)	27 9:00 Morning Talk MEMORIAL DAY ACTIVITY	28 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 3:00 BINGO	29 9:00 Local News 10:00 Bowling 1:30 Creative Choices 2:45 Rosary 3:00 Outside Games	30 9:00 Local News 10:00 Bread Baking 1:30 Patio Games 2:30 Bingo	31 9:00 Morning Talk 10:00 Cornhole 2:00 Beer, Wine & Cheese Social	

PRAIRIE SENIOR ACTIVITIES

Live Soulfully This National Skilled Nursing Care Week

What are you doing for yourself and others every day? What makes you happy? How are you contributing to your happiness and the happiness of others? Every day, skilled nursing centers assist our seniors and people with disabilities in living their happiest and best lives. That is why Prairie Senior is excited that the theme of this year's National Skilled Nursing Care Week (NSNCW), formerly known as National Nursing Home Week, taking place from May 12 to 18, is "Live Soulfully."

The theme "Live Soulfully" will celebrate skilled nursing centers, and their residents and staff, by showcasing how they achieve happy minds and healthy souls. Whether it's planting, cooking, reading or listening to music, these centers pay it forward by helping individuals find happiness to improve quality of life. Centers will be encouraged to participate by hosting activities that display how they "Live Soulfully" and share their stories and experiences on social media.

Prairie Senior takes pride in helping its residents achieve happiness every day. We are excited to introduce yoga, massages, a garden tour experience and so much more for nursing home week.

This year's annual NSNCW observance recognizes the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities. Each person in the long and post-acute care community contributes to improving the quality of life of all residents by providing a home away from home that allows them to Live Soulfully.

Come learn about our amazing residents and the work we do this Nation Skilled Nursing Center Week as we host a week full of events and celebrate how we "Live Soulfully." To learn more, please view the full schedule on the next page. To volunteer for any of the events, please contact our activity director, Matt Schmidtberger @ 785-460-1416.

We can't wait to celebrate with you!

Best regards,

Rhonda Barton

Prairie Senior Administrator



Join Our Team!

Prairie Senior currently has RN, LPN and CNA positions available. Join our team and help make a difference in our residents' lives!

Visit our website to check out career opportunities. You must apply online @ www.cmciks.com



... to all of our May born residents!

5/10 Carolyn Schritter

5/10 Stanley Sanders

Wishing you the best day from all the staff at Prairie Senior!

SAVE the DATES

Check out the events coming up for the month of May! Please keep in mind all activities are subject to change. If you would like to volunteer – please let us know! Contact us at 785-462-8295 and ask for Activities. We would love to have you help us in any way you are able to!



**Farmers
Café**
Friday
May 24th
10:00AM

Sponsored by
Anonymous Donor



**BINGO
STORE
OPEN**

**Friday, May 3rd
9AM - 1PM**

**Friday, May 24th
9AM - 1PM**



**Catholic
Mass**

**Tuesday,
May 21st**

10:00AM



REMINDER

New or unlabeled clothing needs to be placed in the labeling bin at the nurses station to ensure it is marked and does not get lost. Thank you for your cooperation!



PRAIRIE SENIOR
at Citizens Health

CONTACT US
1625 S. Franklin Avenue,
Colby, KS 67701
Phone: (785) 462-8295
Fax: (785) 460-1435