

in this issue >>>

St. Patrick's Day Facts
Valentine King & Queen
My InnerView
Facility Advisories
Save the Dates



March 2019 Edition

PRAIRIE SENIOR



current topics >>>

Visitor Parking & Assistance

We are one month closer to spring but still in the winter season. We are still experiencing winter weather which may leave us with icy driveways and sidewalks. If you are in need of assistance walking into the facility from your car, please call our main number and one of our staff will be happy to assist you.

At Prairie Senior we do not limit the number or the times that our residents may entertain visitors.

Visitors are always welcome!



Marching into Spring

What's happening at Prairie Senior?

As March approaches, I think we all can agree that we are ready for the arrival of spring! Spring is a beautiful season and reminds us how sometimes the best things blossom and bloom after times where we feel we cannot see the sun shining. During the month of February we were busy celebrating love. It is truly so special to see these residents' faces light up as many bouquets of flowers were delivered on Valentine's Day. As for March, we will be busy integrating some new activities and centering a week around St. Patrick's Day with fun themed games, treats and trivia sessions. Also this year we will be looking to score with some March Madness in our building, our favorites are likely to be the Sunflower favorites – KU or K-State. Last month, our Farmers Café was sponsored by the Women of Valor from the College Drive Assembly of God Church. This month we will be sponsored by Peoples State Bank. We are so fortunate to always have such outstanding support from the community! This month will be a busy one – we hope to see you around!

SAINT PATRICK'S DAY

WHY DO WE WEAR GREEN ON ST. PATRICK'S DAY?

Traditionally, the color green represents Ireland, or the Emerald Isle. However, according to legend the color green also has the magical power to make people invisible to leprechauns or other fairy creatures. That means that wearing green can save you from getting pinched by these mischievous fairies. If you don't wear green on St. Patrick's Day, watch out!



WHY SHAMROCKS?

In ancient Ireland a shamrock was a symbol of the rebirth of spring, and was considered a sacred plant. In the 1600s the shamrock became a symbol of Irish *nationalism*. During the time when the English were invading Irish land, people would wear shamrocks as a symbol of their *heritage*.



WHERE DID THE LEPRECHAUN COME FROM?

The "lobaircin", or leprechaun, most likely originated from Celtic folklore and their belief in fairies—tiny men and women who had magical powers, used for both good and evil. In Celtic tales, leprechauns were the ones who mended shoes for other fairies. They were grumpy and mean-spirited, and best known for their trickery. The leprechaun was never a symbol of St. Patrick's Day, but in 1959 a Disney film was released that transformed the leprechaun's image into that of a cheery, good-hearted soul.

WHO IS SAINT PATRICK?



St. Patrick is the patron saint of Ireland, although he was actually born in England. As a youth he was taken prisoner by the Irish and held in captivity there for six years. During that time he became a *devout* Christian. It is said that he heard God's voice, which helped him escape captivity, and that later he had visions of an angel, who told him to return to Ireland as a missionary. It is widely believed that Patrick was the one who introduced Christianity to Ireland. It is also believed that he died on March 17, which is how St. Patrick's Day was born.



2019
Valentine
King & Queen

Stanley Sanders
&
Shirley Paulsen



... to all of our March
born residents!

- 3/9 Ruth Theimer
- 3/11 Laura Ausmus
- 3/11 Cynthia
Millensifer
- 3/13 Barbara Mindrup
- 3/13 Dale Olson
- 3/21 Gladys Sramek
- 3/22 Ronald Bell



This year we will be joining in on March Madness! We will have brackets available for all residents, family and visitors. We will have a Bracket Challenge, with a prize for the winner who has the most accurate bracket. Brackets are due **NO LATER** than 4pm on Wednesday, March 20th. We will be streaming as many games as possible with watch parties for our obvious favorites, KU & KSU! Come check out the fun and join the Madness!

My InnerView: *A Letter from the Administrator*

Dear Friends and Families,

At Prairie Senior we are committed to providing your loved one with excellent care and service. In order to gauge how well we are doing, “My InnerView,” an independent outside resource, has been commissioned to conduct a satisfaction survey of our residents. We are asking for assistance from our residents in completing the short survey which is designed to give us feedback on levels of satisfaction with the care and service we provide.

Our residents’ input will help us in two very important ways. It will help us identify opportunities for improvement, and it will help us to identify areas in which our associates have achieved excellence in the care and service they deliver.

Sometime in March or early April, My InnerView will send an independent interviewer to our facility to conduct the satisfaction survey with residents who have been previously chosen. This letter is to inform you that your loved one may be participating in the survey.

If you have any questions, please feel free to contact myself or our survey champion, Emily Dietz, at 785-462-8295.

Best regards,

Rhonda Barton

Prairie Senior Administrator

For more information about this survey, go to www.myinnerview.com/satisfaction



Join Our Team!

Prairie Senior currently has RN, LPN and CNA positions available. Join our team and help make a difference in our residents’ lives!

Apply within, or contact Rhonda or Deanna @ 785-462-8295 for more information.



Time to Spring Ahead

Daylight Savings

is on

Sunday, March 10th.

Don’t forget to

“spring ahead” one
hour.

SAVE the DATES

Check out the events coming up for the month of March! Please keep in mind all activities are subject to change. If you would like to volunteer – please let us know! Contact us at 785-462-8295 and ask for Activities. We would love to have you help us in any way you are able to!



Farmers Café

Thursday,
March 21st
10:00AM

Sponsored by
*Peoples State Bank
of Colby*



BINGO STORE OPEN

**Saturday, March
16th @ 9:00AM**

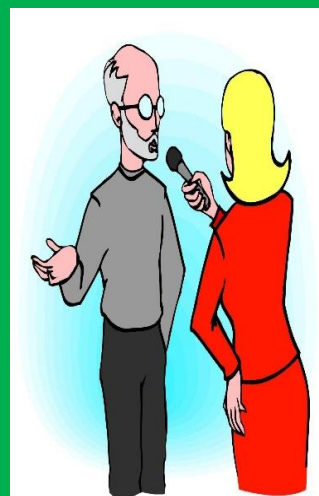
**Friday, March
29th @ 9:00AM**



Catholic Mass

**Tuesday,
March 19th**

10:00AM



REMINDER

My InnerView will be on site this month.

Only qualified residents will be eligible to be interviewed. Please contact Emily Dietz if you have questions!



PRAIRIE SENIOR
at Citizens Health

CONTACT US
1625 S. Franklin Avenue,
Colby, KS 67701
Phone: (785) 462-8295
Fax: (785) 460-1435