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## LEADERSHIP TEAM

### Medical Director

Dr. Kara Kuhlman, MD

### Administrator

Greg Unruh

### Director of Nursing

Tina Schritter

### Assistant Director of Nursing

Deanna Schmidtberger

### Risk Manager

Janine Colson

### Social Services/Activity Director

Emily Dietz

### Dietary Manager

Jeri Jacobs

### Environmental Services Director

Jo Williby

### Resident Care Coordinator

Heather Sowers

### Plant Operations

James Carney

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## LOVE IS IN THE AIR!

We had a busy, busy winter! Check out in this edition what we were up to in December and January. Also, look at the upcoming February fun we have planned!

“You were created to make somebody else’s life better. Somebody needs what you have—your smile, love & encouragement.”

*Our quote of the month applies to our residents and staff. You may never know the impact a resident will have on you as a staff member and just the same the impact a staff member might have on a resident. Here at PSLC we consider ourselves family on both the staffing side and amongst the resident. Your loved one is special to us and we are honored to continue “making somebody else’s life better”!*

## A Red, White and Blue... Christmas!

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In December, the Sons of the American Legion came with gifts galore for each of our veteran residents. Each year the Sons of the American Legion come to the nursing home and collect gift ideas and then purchase the gifts. They then wrap them up and hand deliver them to our residents along with sincere gratitude and a firm handshake to thank them for their service. It is truly inspiring to know the work and respect that the Sons of the American Legion dedicate to our veterans in not just the community but even right here inside this nursing home. A big THANK YOU to those guys and their organization for paying it forward to the men and women who fought for our freedom! This year we were privileged to have ELEVEN gentlemen receive gifts as veterans of this great country! We are truly blessed here to have such great organizations that make sure to include our residents in traditions like these!

# A Red, White and Blue... Christmas!



## Associate Spotlight... Caralie Focke

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Caralie Focke is in the associate spotlight this month. Carlie is in our activity department and is a super hard worker. Caralie has been a part of our team since 2016.

Caralie is excellent with the residents and really takes the extra time to make their day. Caralie does a lot of the transfers to appointments and helps tremendously getting them to and from place to place on time!

When a few residents were asked what they love most about Caralie they all agreed she is the best at keeping their fingernails polished and looking fresh!



## Resident Spotlight... Letha Bachman

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Letha Bachman is in the Resident Spotlight this month. Letha is one of our most active residents here ! She loves to participate in almost all the activities—bingo is by far her favorite she says. Letha is a huge help with our activity department. Each month she puts together our daily calendar strips that we hang in the hallway. She enjoys doing crossword puzzles in her room and looks forward to beauty shop days. Letha tells us she loves it here— “All these people take the best care of me and make sure I have everything I need. My hair looks good most days and I am happy to so healthy!” We love our residents and are glad you are part of our family here at PSLC, Letha!



## MARK YOUR CALENDARS

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### Valentine's Day Party

Check out the flyer for our upcoming Valentine's Day Party. We have lots of love and fun planned. Don't miss out - Family and Friends welcome!



### FARMERS CAFÉ

**Please note, our dates for Farmers Café have changed.**

We now host this event on the **2nd Thursday** and the **4th Saturday of the month.**

This was voted on by the residents. The hope is more families and children can attend to see their loved ones by having a Saturday date. Who doesn't love donuts and coffee? See you this month!

## NOVEMBER EVENTS TO LOOK FOR:

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### FARMERS CAFE

Thursday, Feb. 8th &  
Saturday, Feb. 24th  
@ 10am



### CAREGIVER

### SUPPORT GROUP

NO SUPPORT  
GROUP THIS  
MONTH!

### CATHOLIC MASS

Tuesday,  
Feb. 20th  
@ 10am



## My Innerview

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Dear Families and Friends,

We at PSLC are committed to providing your loved one with excellent care and service. In order to gauge how well we are doing, “My InnerView,” an independent outside resource, has been commissioned to conduct a satisfaction survey of our residents. We are asking for assistance from our residents in completing the short survey which is designed to give us feedback on levels of satisfaction with the care and service we provide.

Our residents’ input will help us in two very important ways. It will help us identify opportunities for improvement, and it will help us to identify areas in which our associates have achieved excellence in the care and service they deliver.

Sometime in March or early April, My InnerView will send an independent interviewer to our facility to conduct the satisfaction survey with residents who have been previously chosen. This letter is to inform you that your loved one may be participating in the survey.

If you have any questions, please feel free to contact Tina Schritter, Executive Nurse, at (785)460-1413, or Margaret Kummer, Resident Advocate, at (785)460-1418.

Thank you for all you do for your loved one and for all your support of PSLC!

Sincerely,

***Tina Schritter, RN***

***Executive Nurse***

For more information about this survey, go to [www.myinnerview.com/satisfaction](http://www.myinnerview.com/satisfaction)

## Art with August

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Art with August continues! Here are some more snapshots of the great work he is doing with our residents. Such an awesome volunteer program this young gentlemen has brought to our facility—thank you August!!!



*Art with  
August*



# VALENTINE'S DAY PARTY

**Date: 2/14/2018**  
**Time: 2:00 PM**  
**Location: Main  
Dinning Hall**



◊ MINUTE TO WIN IT GAMES  
◊ KING AND QUEEN  
CROWNING  
◊ COOKIES AND PUNCH  
◊ ENTERTAINMENT



*Happy  
Valentine's  
Day*



## Christmas Party Recap

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Our 2017 Christmas Party was a success! We had SO much fun despite the weather, we still partied the afternoon away. There are a few people we want to give a very big THANK YOU to before we have time to get all the pictures posted.

[Fotogirl Photography](#) came in and did an amazing job with our residents. They each had a professional individual photo taken. Michelle was kind, patient and extremely generous to help us out!

[Lois Kersenbrock O'Brien](#) arranged a beautiful set of music for us with short notice. The O'Brien Keys & Strings group played several pieces that were moving and peaceful. Thank you to your students for sharing their talents with us!

[Leisa Hansen](#) and the CCC Ambassadors selected our residents as a recipient of the Angel Tree this year. Each resident was given a gift that was of need/want to them. Thank you for thinking of us and delivering all the gifts!

CHS Dance Team choreographed a fun dance for our staff to perform for our residents. We had a blast performing and a big thank you to the girls, especially [Abbie Kummer](#), for all your time and help!

To the families, staff and other guests who came to celebrate the holiday with us - our residents are so lucky to have so much love surrounding them not only during the holidays but year round.

THANK YOU, THANK YOU TO ALL!

Our photo booth was a hit and we truly were having so much fun we didn't take too many pictures—flip to the next page to see the pictures we were able to capture!

## Christmas Party 2017



The first ever staff dance was performed by the group pictured. The dance was choreographed by the CHS Dance Team—a special thanks to Abbie Kummer for all her time she gave to us to help us put on a great dance for our residents!

Pictured: Ken Berkgren, Emily Dietz, Estrellita Rodriguez, Margaret Kummer, Heather Sowers and Dale Dixon



# Christmas Party 2017



## ANNOUNCEMENTS



### VOLUNTEERING

Looking to volunteer? PSLC has many ways you can volunteer. To find out more, please contact Emily Dietz @ 785-460-1422.

A graphic for a bingo game. The word "BINGO" is written in large, colorful, bubbly letters. Above and around the letters are several bingo balls with numbers: 42 (green), 26 (red), 15 (teal), 83 (orange), and a blank ball (yellow). The background is a light yellow with a white starburst effect.

**We are looking to fill up  
our bingo stash with  
more meaningful prizes!**  
(Stuffed animals are no longer accepted.)



... to our residents!

2/14 Patricia Young

... and to our employees!

2/7 Courtney Reilley  
2/17 Desiree Foster  
2/18 Leslie Beall  
Dr. Sarah Gabel  
Dr. Dereck Totten