

## **Thomas County Community Assessment 2018 Data Report**

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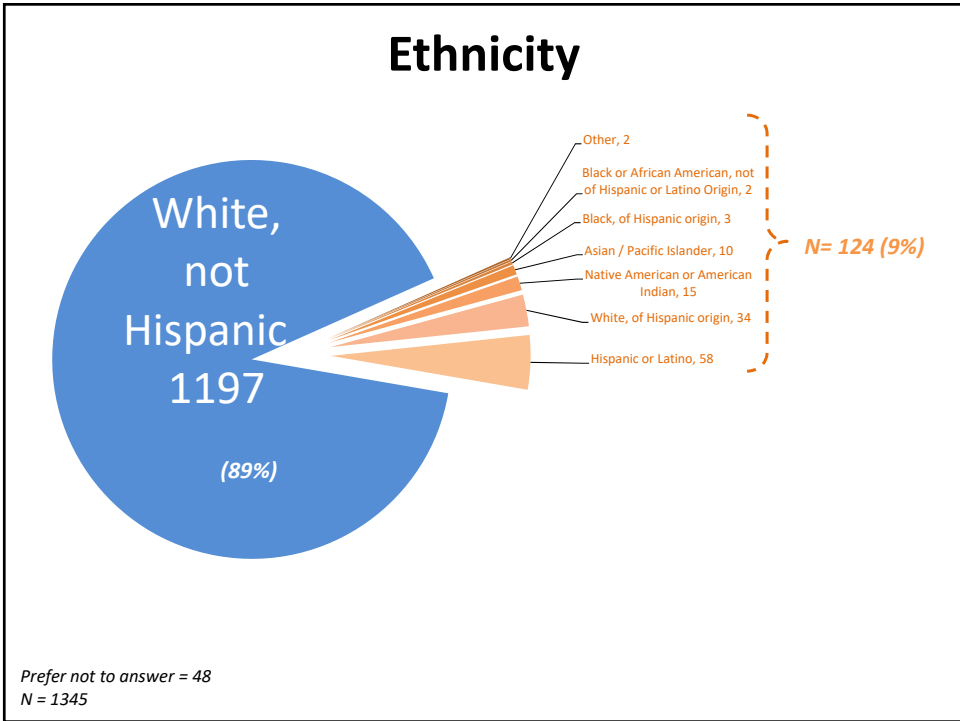
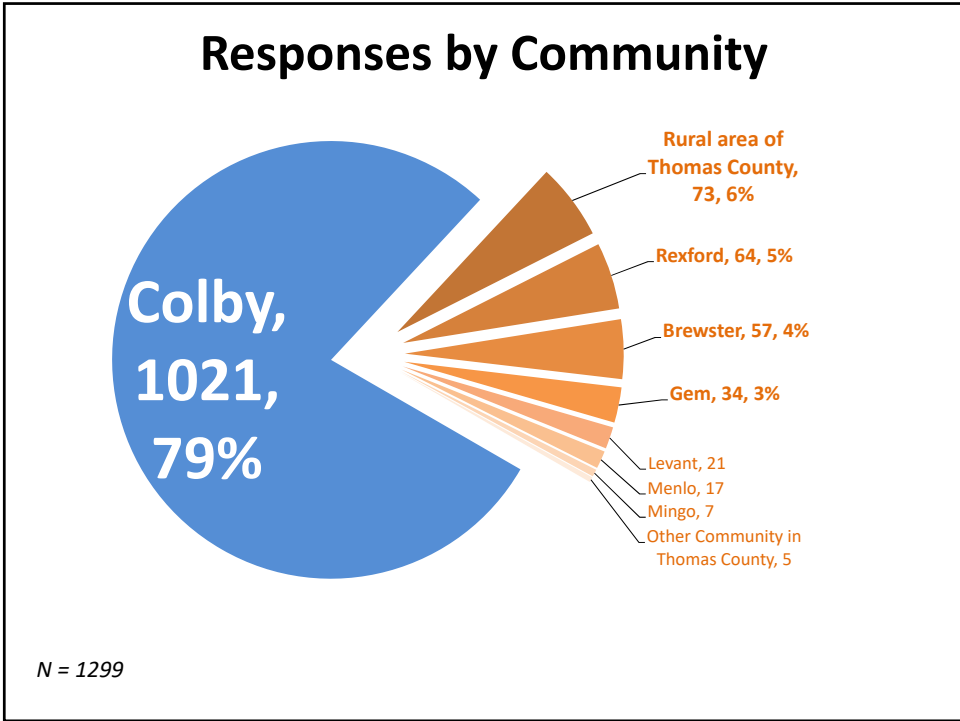
### **Why do a community assessment?**

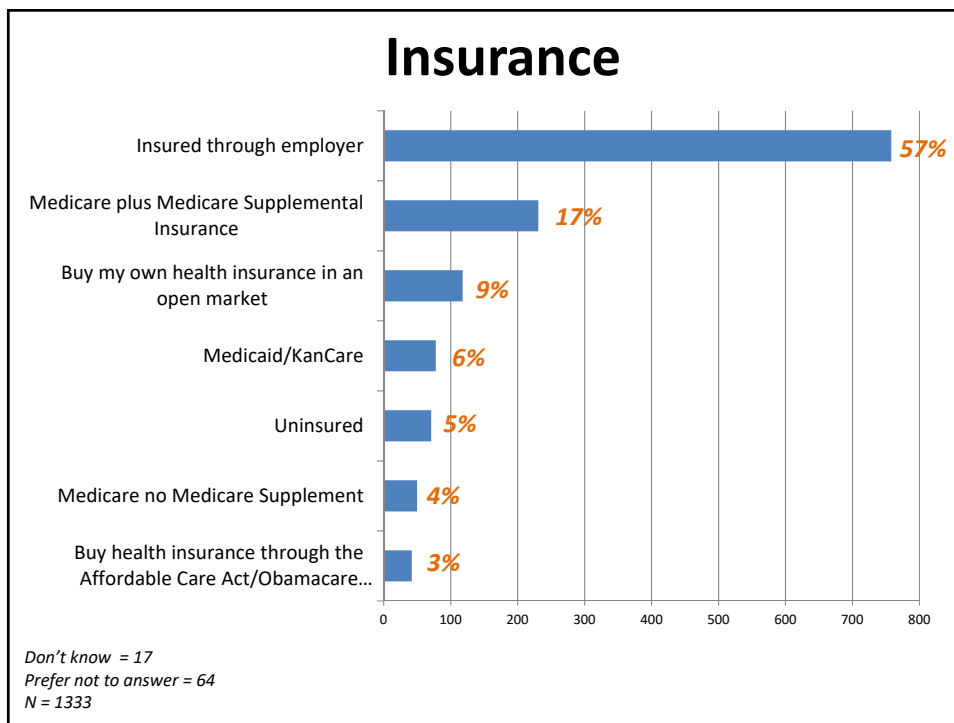
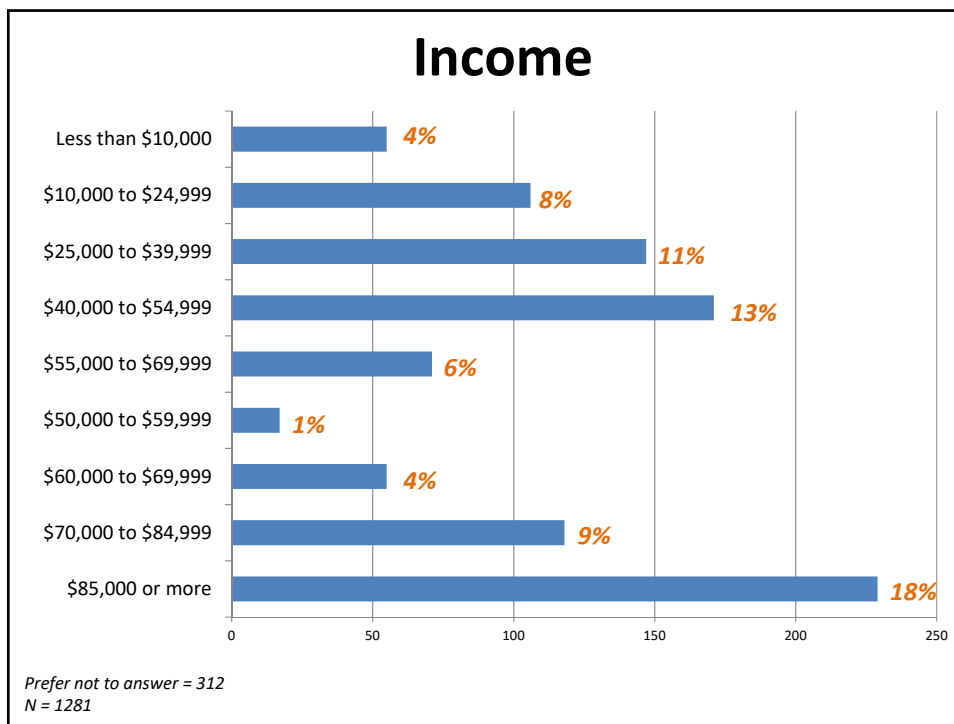
- A community's population can only be as healthy as their community allows with health and wellness resources and healthy environments provided
- As important as access to healthcare is, healthcare alone does not determine the health of a community.
- It is critical that the community work collaboratively to develop and implement plans using the data that has been collected. This is NOT the time for individuals or individual agencies to try to work alone to further their own agendas!

## Some caveats...

- 1,442 completed or partially completed surveys were received (44.5% of the 3,233 households in Thomas County; 1,021 from Colby households = 45% of households)
- Small numbers in communities outside of Colby made it impossible to report their data separately
- KUSM-W statistician determined that there were no significant differences among the various communities that responded
- Data is reported for the entire county

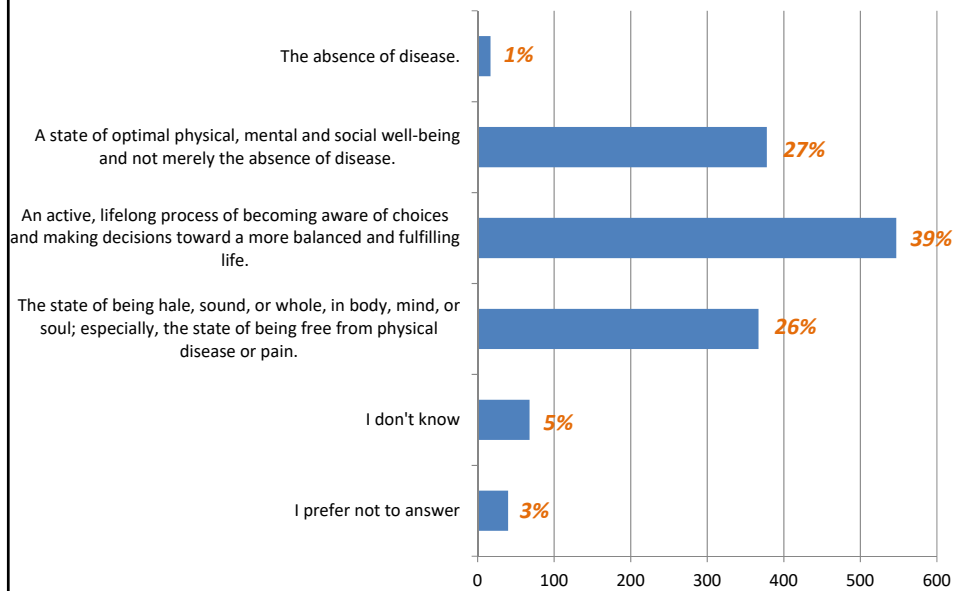
Who completed the survey?  
Demographic Information

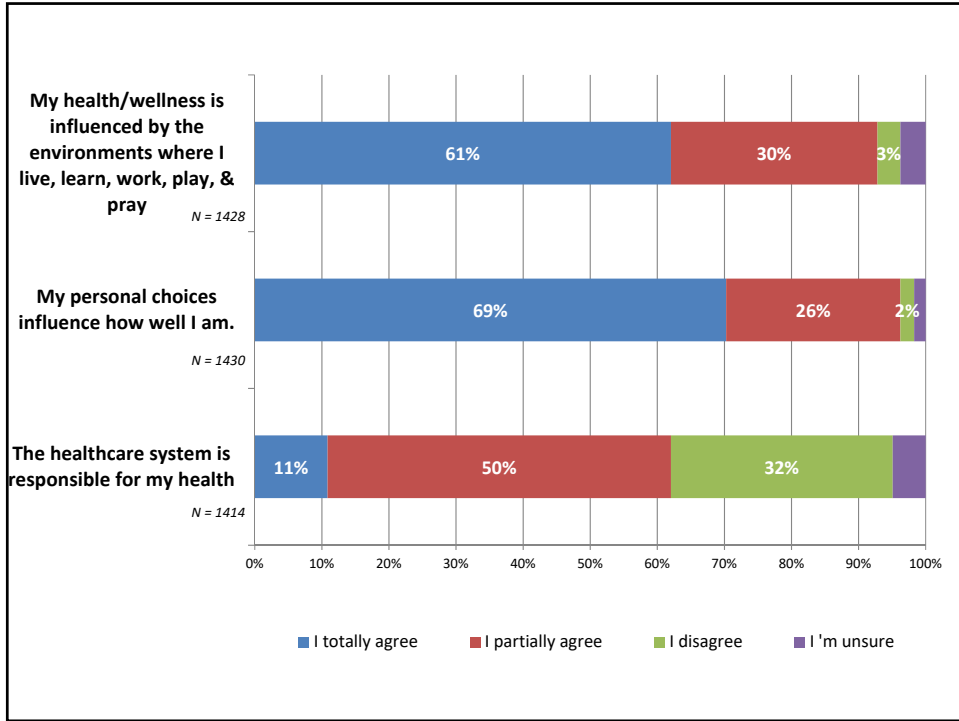




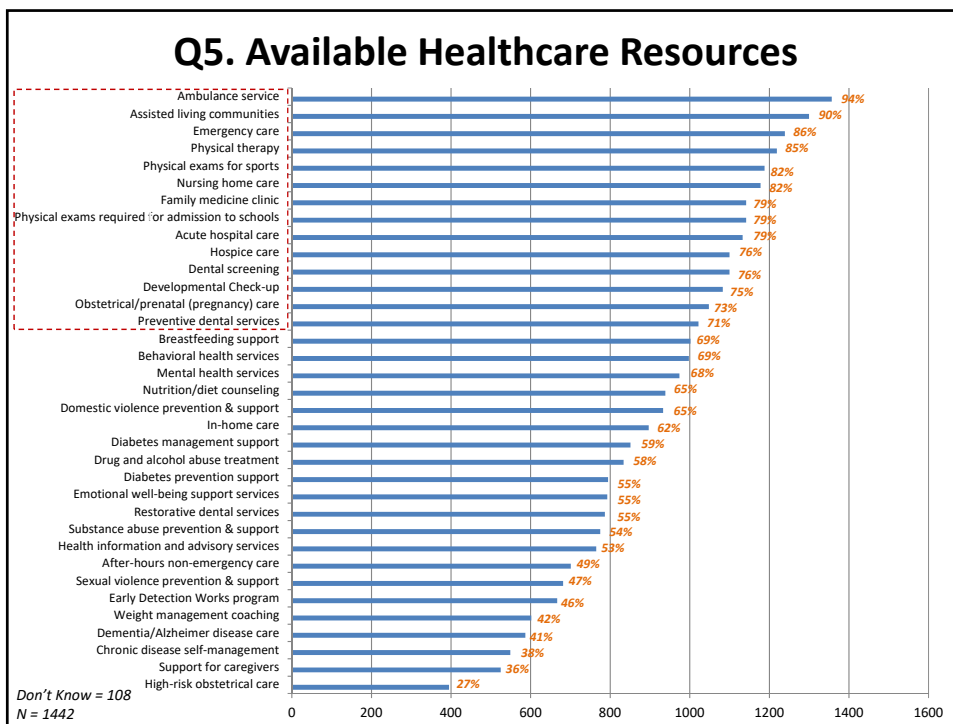
## HEALTH AND WELLNESS BELIEFS

### Q1. Health/Wellness is ...?





**HEALTH AND WELLNESS  
RESOURCES: HEALTHCARE SECTOR**

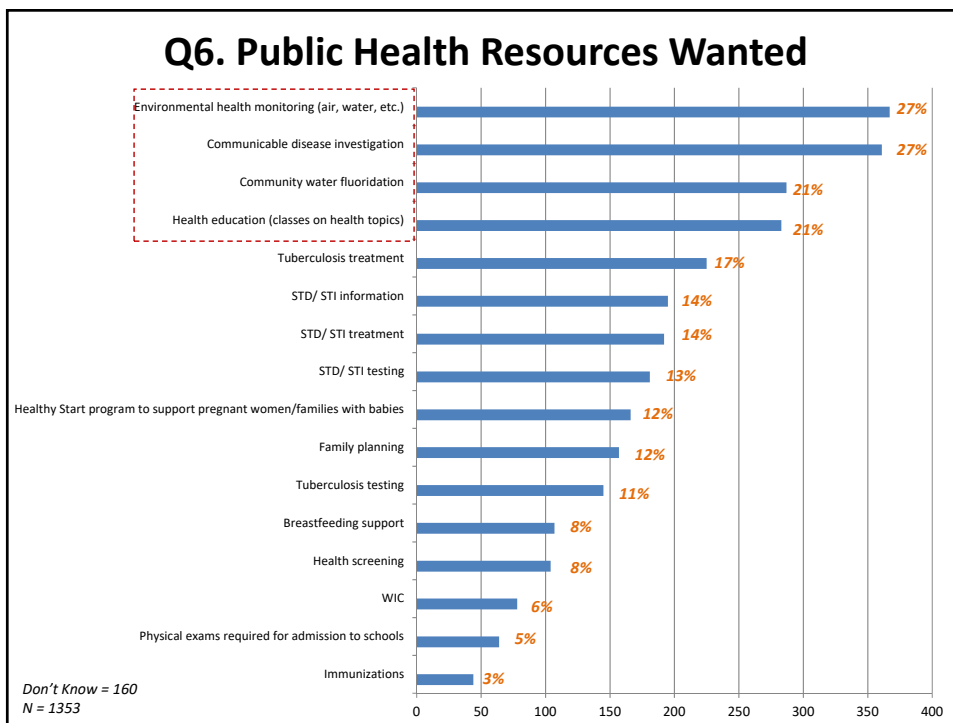
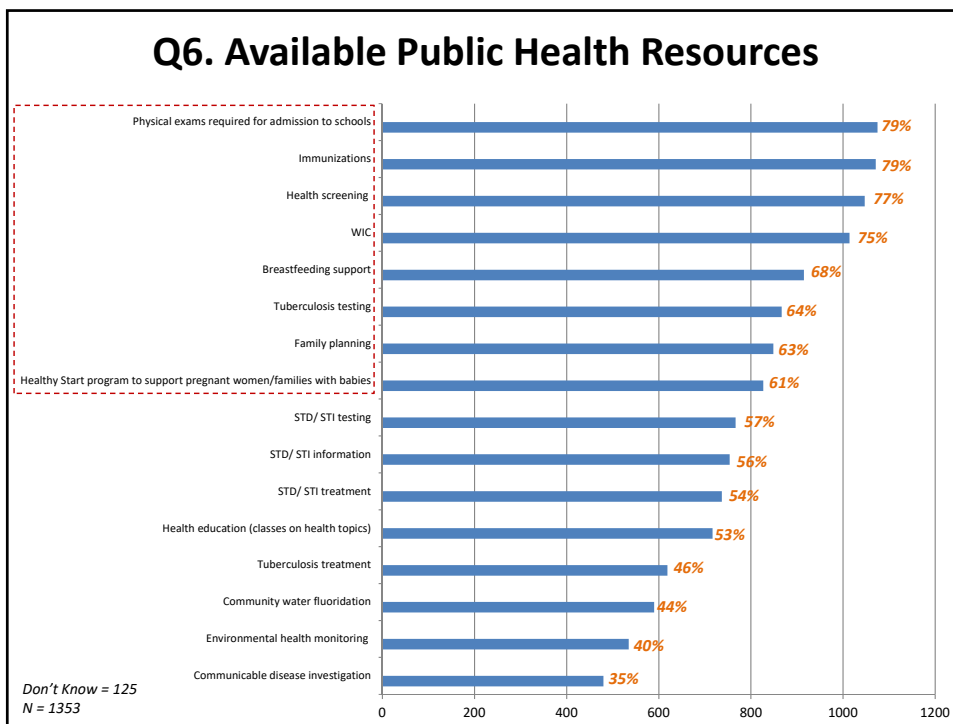


## **Most Wanted Healthcare Sector Resources**

- High Risk Obstetrical Care (38%). 27% think this resource is available.
- After-Hours Non-Emergency Care (38%). 49% think this resource is available.
- Dementia/Alzheimer's Disease Care (34%). 41% think this resource is available.
- Support for the Caregiver (34%). 36% think this resource is available.
- Chronic Disease Self-Management (30%). 38% think this resource is available.
- Weight Management Coaching (30%). 42% think this resource is available.
- Emotional Well-Being Support Services (26%). 55% think this resource is available.

**HEALTH AND WELLNESS RESOURCES:  
PUBLIC HEALTH SECTOR**

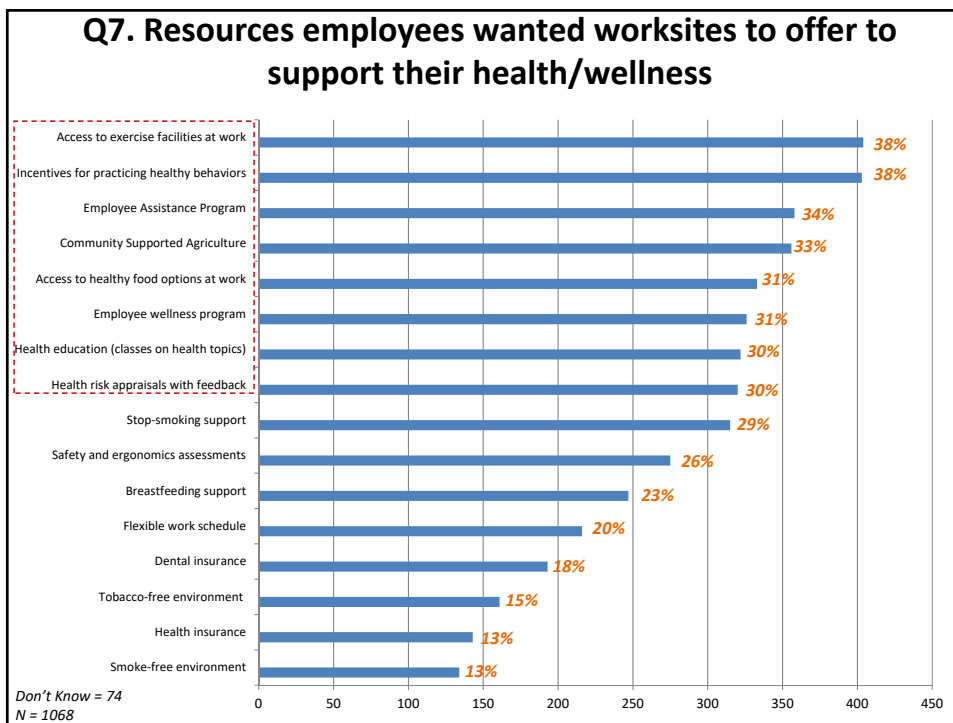




## **Most Wanted Public Health Resources**

- Environmental Health Monitoring (27%). 40% think this resource is available.
- Communicable Disease Investigation (27%). 35% think this resource is available.
- Community Water Fluoridation (21%). 44% think this resource is available.
- Health Education (classes on health topics) 21%. 53% think this resource is available.

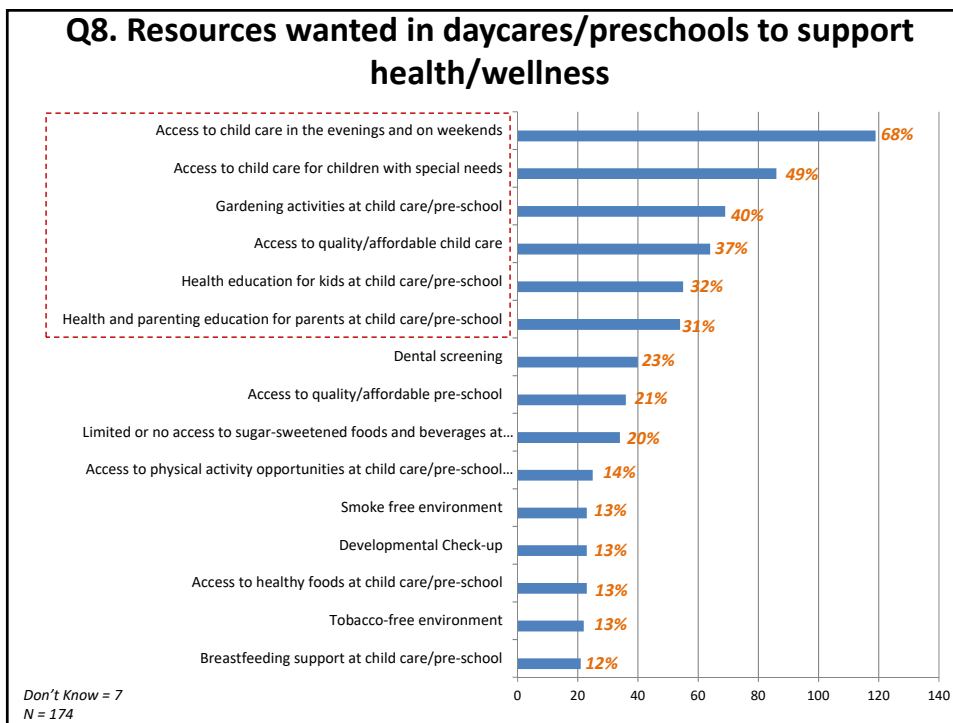
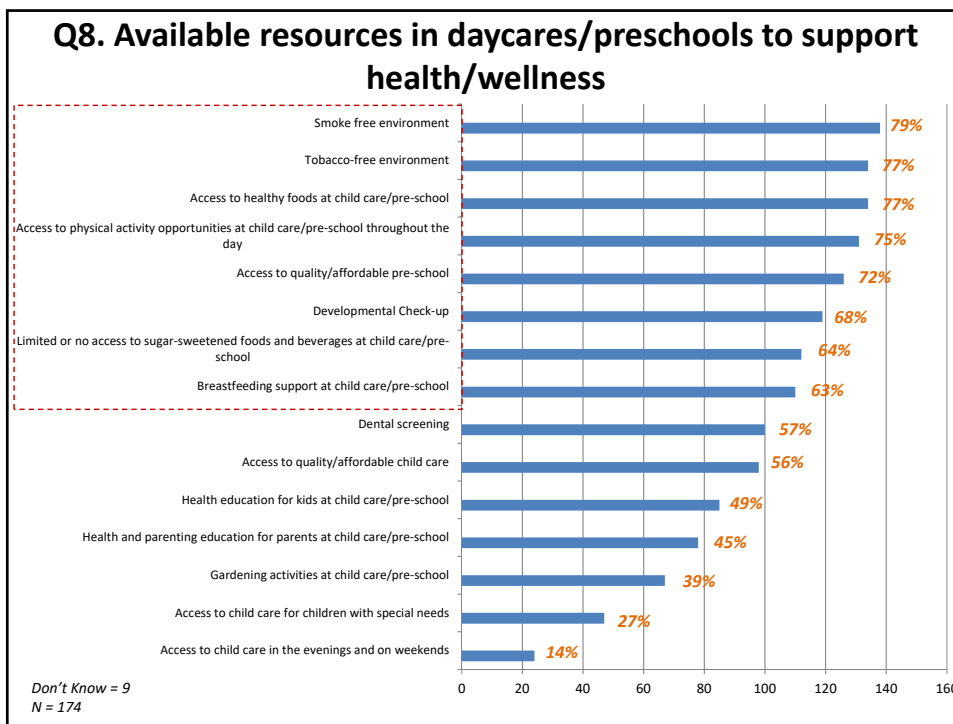
**HEALTH AND WELLNESS  
RESOURCES: WORKSITES**



## **Most Wanted Health and Wellness Resources in Worksites**

- Access to exercise facilities at work (38%). 32% think this resource is available.
- Incentives for practicing healthy behaviors (38%). 29% think this resource is available.
- Employee assistance program (34%). 29% think this resource is available.
- Community-Supported Agriculture (33%). 27% think this resource is available.
- Access to healthy food options at work (31%). 41% think this resource is available.
- Employee wellness program (31%). 38% think this resource is available.
- Health education (classes on health topics) 30%. 31% think this resource is available.
- Health risk appraisals with feedback (30%). 25% think this resource is available.

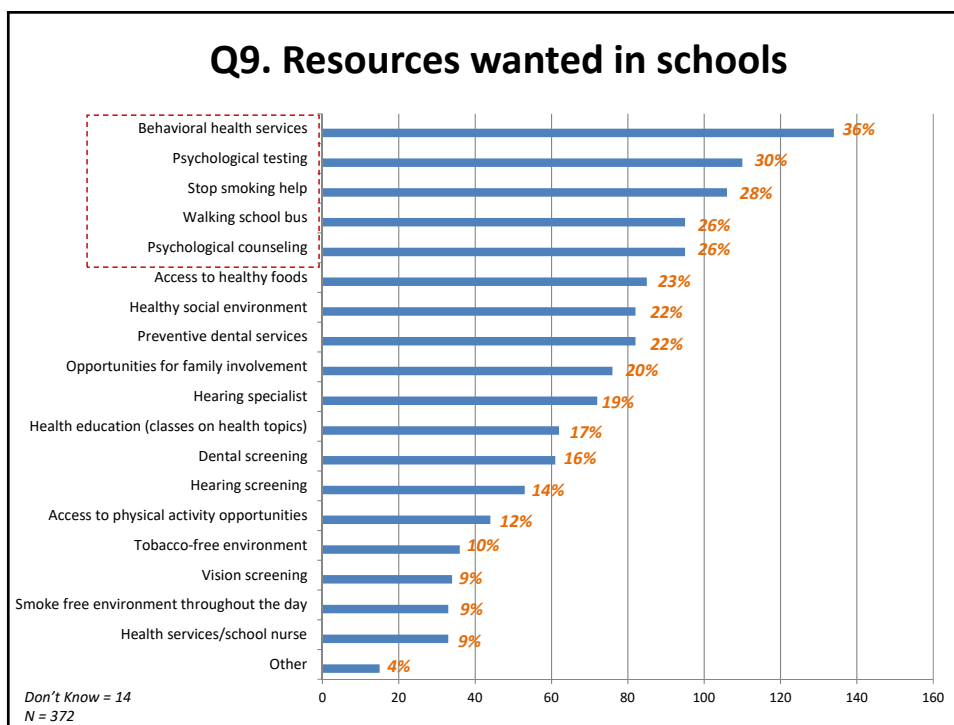
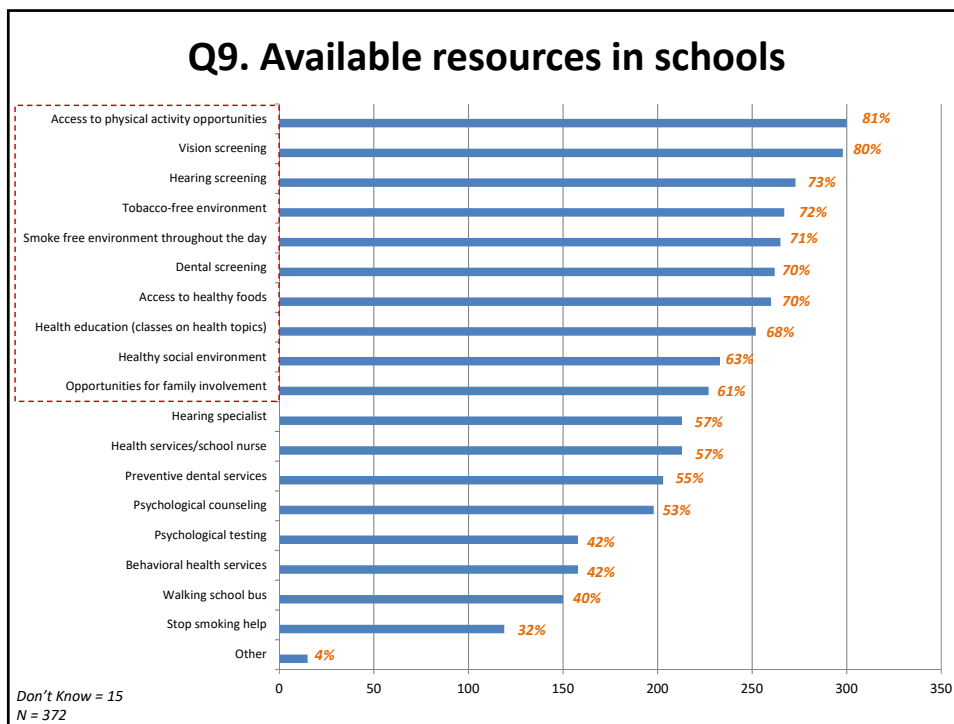
## **HEALTH AND WELLNESS RESOURCES: DAYCARE/PRESCHOOL**



## **Most Wanted Health and Wellness Resources in Childcares/Pre-Schools**

- Access to child care in evenings and on weekends (68%). 14% think this resource is available.
- Access to child care for children with special needs (49%). 27% think this resource is available.
- Gardening activities at child care/pre-school (40%). 39% think this resource is available.
- Access to quality/affordable child care (37%). 72% think this resource is available.
- Health education for kids at child care/pre-school (32%). 49% think this resource is available.
- Health and parenting education for parents of kids at child care/pre-school (31%). 45% think this resource is available.

**HEALTH AND WELLNESS RESOURCE:  
SCHOOLS**

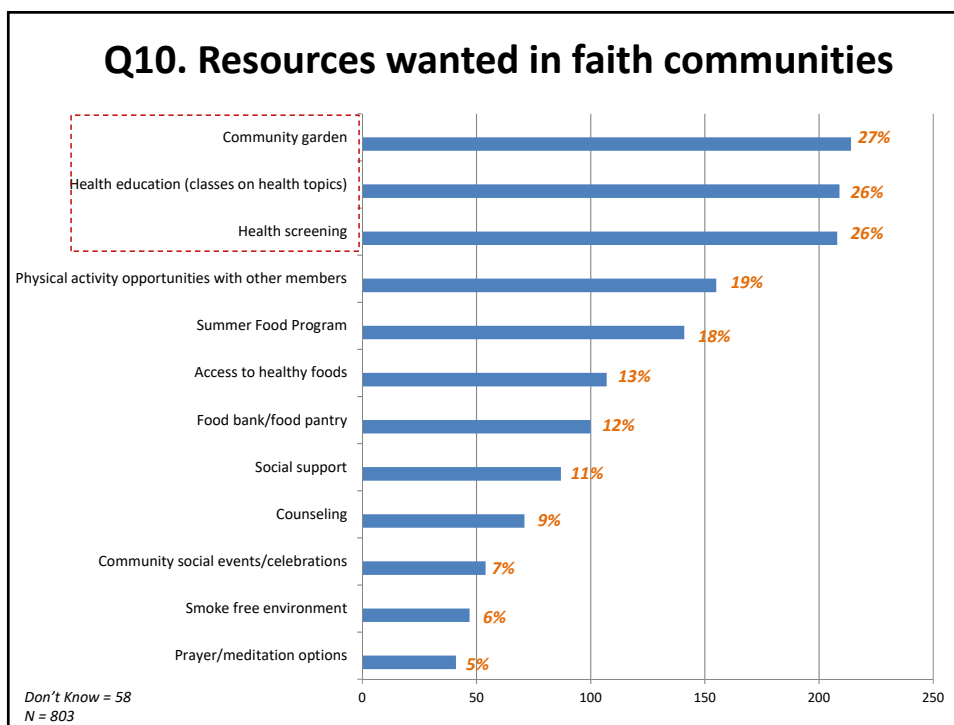
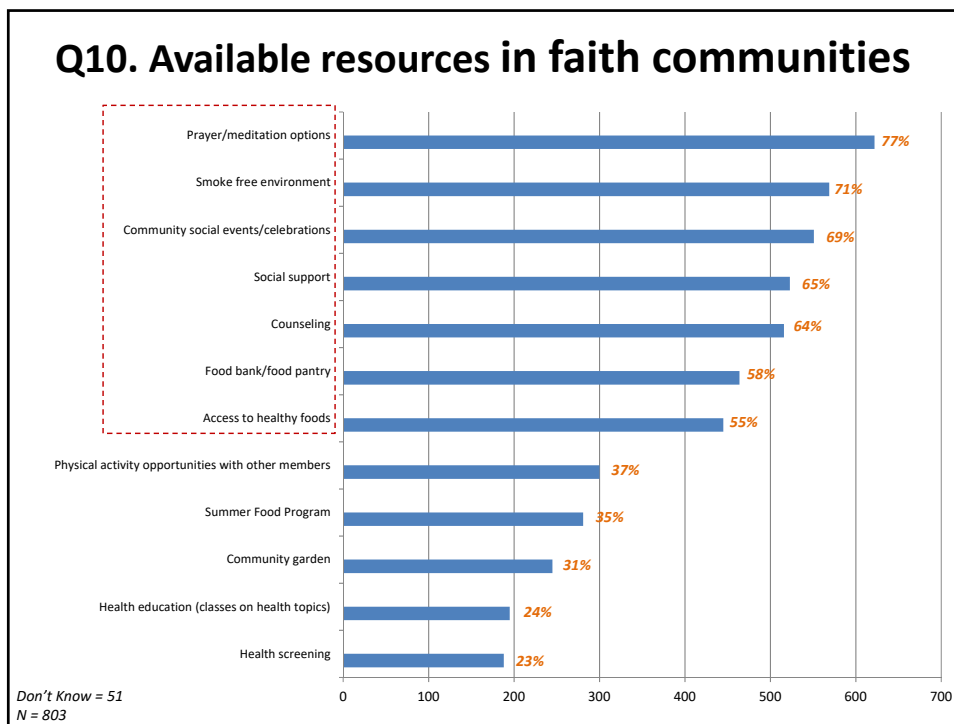


## **Most Wanted Health and Wellness Resources in Schools**

- Behavioral health services ( 36%). 42% think this resource is available.
- Psychological testing (30%). 42% think this resource is available.
- Stop smoking help (28%). 32% think this resource is available.
- Walking school bus ( 26%). 40% think this resource is available.
- Psychological counseling (26%). 53% think this resource is available.

**HEALTH AND WELLNESS  
RESOURCES: FAITH COMMUNITIES**



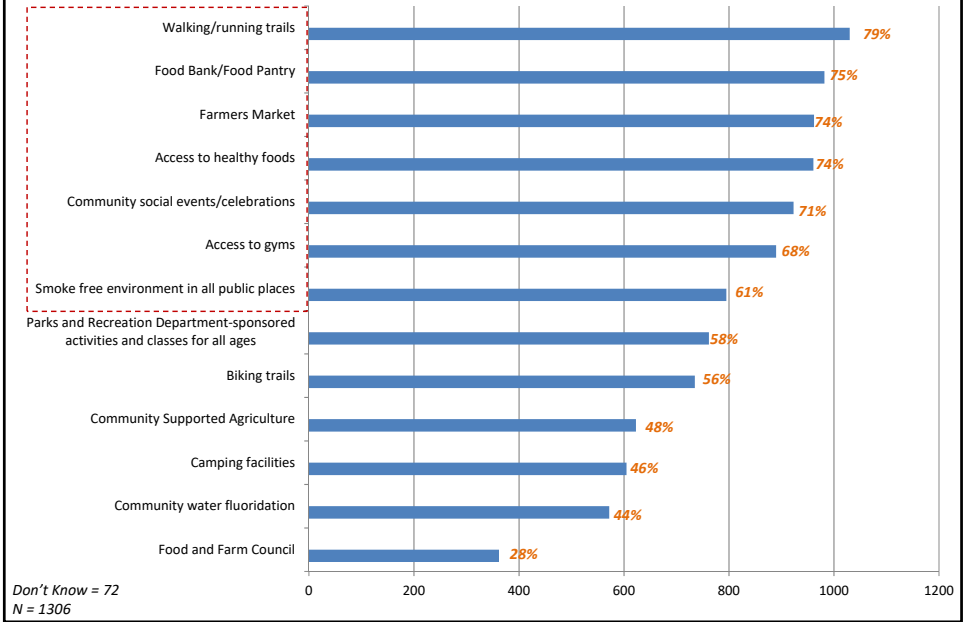


## **Most Wanted Health and Wellness Resources in Faith Communities**

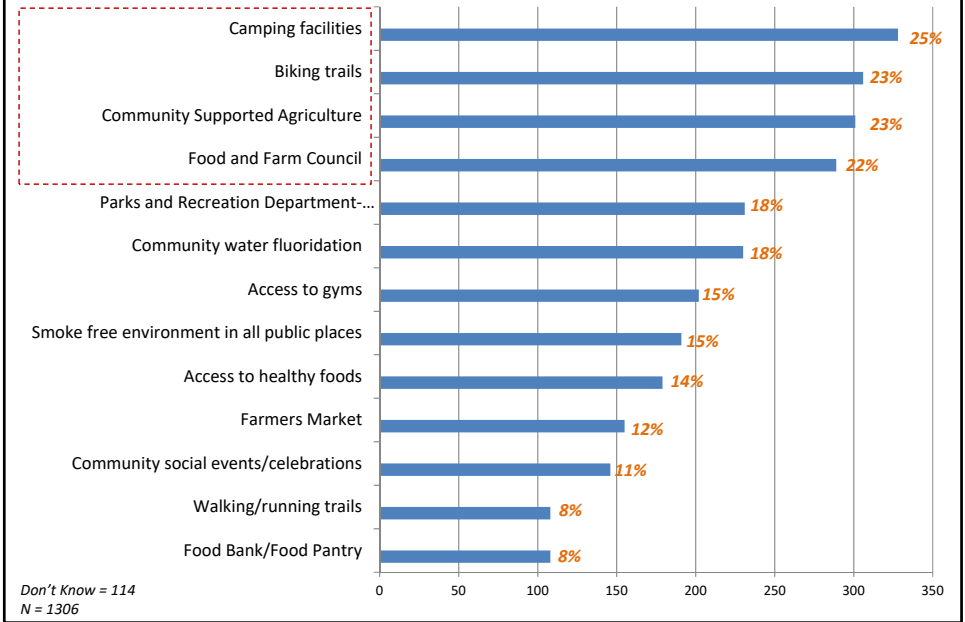
- Community garden (27%). 31% think this resource is available.
- Health education (classes on health topics ) 26%. 24% think this resource is available.
- Health screenings (26%). 23% think this resource is available.

**HEALTH AND WELLNESS RESOURCES:  
COMMUNITY ENVIRONMENT**

**Q12. What resources is your community environment currently offering to residents to support their health/wellness? (Found)**



**Q12. What resources do you wish your community environment could offer to residents to support their health/wellness? (Wanted)**



## **Most Wanted Health and Wellness Resources in Community Environment**

- Camping facilities (25%). 46% think this resource is available.
- Biking trails (23%). 56% think this resource is available.
- Community-Supported Agriculture (23%). 48% think this resource is available.
- Food and Farm Council (22%). 28% think this resource is available.

## **Next Steps**

- Focus Groups
  - To discuss identified priorities
  - First and third weeks of March 2019
  - Three groups per sector (24 total focus groups)
  - All groups recorded and transcribed
  - Analysis to draw out themes and quotes
  - Final report on focus groups finding to Greg Unruh by the end of June 2019
  - Community partners use all data for community planning