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July 2019 Edition

PRAIRIE SENIOR

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Farmers Café Sponsors Needed!

Looking to give back? We are looking for sponsors for our upcoming monthly Farmers Café socials. This can be an individual, group or business of any kind.

How does it work? It involves a small \$40 fee and we request if possible you spend an hour of your morning with our residents as they enjoy some donuts and coffee. If interested please contact Matt @ 785-460-1416. We would love to have you!



The Dog Days of Summer:

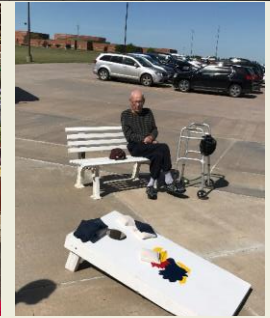
What's happening at Prairie Senior?

We burned right through June, literally! The last week of June was a hot one, but we managed to stay busy with tons of activities inside and outside mostly in the cooler mornings. We have been to a few of the picnics in the parks and love every second of being out in the community!

Recently we have had some extra helpers with Bingo. The crew from Citizens Clubhouse have been bringing over a group of kids to help our residents play bingo. They bring so much joy to us and we are thankful for their time & cheer share with us!

During the month of July we look forward to celebrating Independence Day in style. We will be having watermelon and fireworks on Wednesday, July 3rd @ 7:00pm. Feel free to bring a lawn chair and join us! All are welcome.

We are excited for a busy month of fair, fireworks & fun!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>** All activities are subject to change, outings are subject to weather conditions **</p>	<p>1 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Chat/ Game of Choice</p>	<p>2 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:30 Card Games 3:00 BINGO</p>	<p>3 9:00 Local News 10:00 Riddles and Brain Teasers 2:45 Rosary 3:00 Outside Time 7:00 FIRE WORKS & WATERMELON</p>	<p>4 4th of July</p>	<p>5 9:00 Morning Talk 10:00 Wheel of Fortune 2:00 Movie and Popcorn</p>	<p>6 2:30 BINGO</p>
<p>7 2:00 CHURCH (Host: Methodist Church)</p>	<p>8 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Chat/ Jeopardy</p>	<p>9 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 3:00 BINGO</p>	<p>10 9:00 Local News 10:00 Brain Teasers 11:00-1:00 PICNIC in the PARK 1:30 Bread Baking 2:45 Rosary 3:00 Outside Games</p>	<p>11 9:00 Morning Talk 10:30 Coffee and Scones 2:30 BINGO</p>	<p>12 BINGO STORE OPEN 9:00-1:00 9:00 Morning Talk 10:00 Dominos/Cards 2:00 Walking Club 2:30 Movie & Popcorn</p>	<p>13 2:30 BINGO</p>
<p>14 2:00 CHURCH (Host: Trinity Lutheran)</p>	<p>15 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Game of Choice/Crafts for Fair</p>	<p>16 9:00 Morning Talk 10:00 Gospel Sing & Devotions 10:00 MASS 1:00 Trivia 2:30 Resident Council 3:00 BINGO</p>	<p>17 9:00 Local News 10:00 Brain Teasers/Riddles 1:30 Bean Bag Toss 2:45 Rosary 3:00 Fancy Fingers/Spa Day</p>	<p>18 9:00 Morning Talk 10:00 FARMERS CAFE 1:00 Baking Items for Fair 2:30 BINGO</p>	<p>19 9:00 Morning Talk 10:00 Wheel of Fortune 1:30 Outdoor Games 2:30 Birthday Party</p>	<p>20 2:30 BINGO</p>
<p>21 2:00 CHURCH (Host: Levant Community Church)</p>	<p>22 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Chat THOMAS COUTY FAIR STARTS</p>	<p>23 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Craft FAIR PARADE 4:00-6:00</p>	<p>24 9:00 Local News 10:00 Brain Teasers 1:30 Creative Choices 2:45 Rosary 3:00 Bowling/Outside Time</p>	<p>25 9:00 Morning Talk 10:00 Bread Baking 1:30 Outdoor Time/Corn Hole 2:30 BINGO</p>	<p>26 BINGO STORE OPEN 9:00-1:00 9:00 Morning Talk 10:00 Rhythm Band 2:00 Beer, Wine & Cheese Social</p>	<p>27 2:30 BINGO</p>
<p>28 2:00 CHURCH (Host: Assembly of God)</p>	<p>29 9:00 Morning Talk 10:00 Cookie Making 2:00-4:00 Snack and Game of Choice</p>	<p>30 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 3:00 BINGO</p>	<p>31 9:00 Local News 10:00 Chair Exercise 1:30 Creative Choices 2:45 Rosary 3:00 Outside Games</p>	<p>July 2019</p>		

PRAIRIE SENIOR ACTIVITIES

Resident Rights: *How is my loved one protected?*

Residents' Rights are guaranteed by the federal 1987 Nursing Home Reform Law. The law requires nursing homes to "promote and protect the rights of each resident" and places a strong emphasis on individual dignity and self-determination. Nursing homes must meet federal residents' rights requirements if they participate in Medicare or Medicaid. Kansas also has residents' rights in state regulations for nursing homes, assisted living, Home Plus facilities, adult care homes, and other board and care facilities. A person living in a long-term care facility maintains the same rights as an individual in the larger community.

We have integrated Resident Rights education into our monthly resident council meetings. Our goal is to continue educating residents after admission of their rights and to ensure they feel all their needs are being met as well as their rights are being protected. Each month we will go over a section of rights in depth and help dissect the meaning of each with our residents.

Resident rights are very important and at Prairie Senior we follow a person centered care approach where the resident is the center of their care plan. This goes hand in hand with resident rights. Resident rights can be found in the chapel at Prairie Senior. You can also find more information on resident rights by visiting the Kansas Long-Term Care Ombudsman website.

If you have any questions regarding resident rights you can contact Emily in Social Services at Prairie Senior at 785-460-1422.

Best regards,

Rhonda Barton
Prairie Senior Administrator



Join Our Team!

Prairie Senior currently has RN, LPN and CNA positions available. Join our team and help make a difference in our residents' lives!

Visit our website to check out career opportunities. You must apply online @ www.cmciks.com



... to all of our July born residents!

- 7/1 Darlene Ackerman
- 7/1 Sue Hayes
- 7/2 Wilma Thiele
- 7/12 Marvin Warner
- 7/15 Tim Adrian
- 7/15 Phyllis Thon
- 7/24 Sylvester Bange

Wishing you the best day from all the staff at Prairie Senior!

SAVE the DATES

Check out the events coming up for the month of July! Please keep in mind all activities are subject to change. If you would like to volunteer – please let us know! Contact us at 785-462-8295 and ask for Matt in Activities. We would love to have you help us in any way you are able to!



**Farmers
Café**
Thursday,
July 18th
10:00AM

Sponsored by
Anonymous Donor



**BINGO
STORE
OPEN**

**Friday, July 12th
9AM - 1PM**

**Friday, July 26th
9AM - 1PM**



**Catholic
Mass**

**Tuesday,
July 16th**

10:00AM



REMINDER

New or unlabeled clothing needs to be placed in the labeling bin at the nurses station to ensure it is marked and does not get lost. Thank you for your cooperation!



PRAIRIE SENIOR
at Citizens Health

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