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June 2019 Edition

PRAIRIE SENIOR

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Farmers Café Sponsors Needed!

Looking to give back? We are looking for sponsors for our upcoming monthly Farmers Café socials. This can be an individual, group or business of any kind.

How does it work? It involves a small \$40 fee and we request if possible you spend an hour of your morning with our residents as they enjoy some donuts and coffee. If interested please contact Matt @ 785-460-1416. We would love to have you!



Diving into Summer:

What's happening at Prairie Senior?

We dove right into June with LOTS of rain, finally the sunshine is peaking through and we are busy getting out and about for some fun summer activities.

During May we celebrated our favorite week of the year, National Nursing Home Week! Check out the inside of this edition for a few pictures of all the fun we had. The biggest events were our annual baseball game and this year our family potluck BBQ!

As we head in to June we look forward to weekly outings to Picnic in the Park down at Fike Park. Weather permitting we will be there weekly – if you're free over lunch come join your loved one!

This month we will also celebrate Father's Day. There will be a pie social after church on Sunday, June 16th around 2:30pm. Stop by and enjoy a sweet slice of pie and celebrate your dad!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>June 2019</i>				<i>**All activities are subject to change, outings are subject to weather conditions.**</i>		1 2:30 BINGO
2 2:00 CHURCH (Host: Methodist Church)	3 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Chat	4 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 3:00 BINGO	5 9:00 Local News 10:00 Brain Teasers 1:30 Bread Baking 2:45 Rosary 3:00 Outside Games	6 9:00 Morning Talk 10:30 Coffee and Scones 2:30 BINGO	7 9:00 Morning Talk 10:00 Dominos/Cards 2:00 Walking Club 2:30 Movie & Popcorn	8 2:30 BINGO
9 2:00 CHURCH (Host: Trinity Lutheran)	10 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Game of Choice	11 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Trivia 3:00 Bingo	12 9:00 Local News 10:00 Brain Teasers/ Riddles 1:30 Corn Hole/ Bean Bag Toss 2:45 Rosary 3:00 Fancy Fingers	13 9:00 Morning Talk 10:00 Baking Cinnamon Rolls 2:00 Card Games/ Game of Choice	14 9:00-1:00 Bingo Store Open 9:00 Morning Talk 10:00 Wheel of Fortune 1:30 Outdoor Games 3:00 Ice Cream	15 2:30 BINGO
16 2:00 CHURCH (Host: Levant Community Church)	17 9:00 Morning Talk 10:00 Bake with Me 2:00-4:00 Snack and Chat	18 9:00 Morning Talk 10:00 Gospel Sing & Devotions 10:00 Mass 1:00 Craft 2:30 Resident Council 3:00 BINGO	19 9:00 Local News 10:00 Brain Teasers 11:00-1:00 Picnic in the Park 1:30 Creative Choices 2:45 Rosary 3:00 Bowling	20 9:00 Morning Talk 10:00 Farmers Cafe 1:30 Outdoor Time 2:30 BINGO	21 9:00 Morning Talk 10:00 Rhythm Band 2:00 Birthday Party	22 2:30 BINGO
23 2:00 CHURCH (Host: Assembly of God)	24 9:00 Morning Talk 10:00 Bread Baking 2:00-4:00 Snack and Game of Choice	25 9:00 Morning Talk 10:00 Gospel Sing & Devotions 1:00 Wheel of Fortune 3:00 BINGO	26 9:00 Local News 10:00 Chair Exercise 11:00-1:00 Picnic in the Park 1:30 Creative Choices 2:45 Rosary 3:00 Outside Games	27 9:00 Local News 10:00 Rhythm Band 1:30 Patio Games 2:30 Bingo	28 9:00-1:00 Bingo Store Open 9:00 Morning Talk 10:00 Cornhole 2:00 Beer, Wine & Cheese Social	29 2:30 BINGO
30 2:00 CHURCH (Host: Mingo Bible Church)						

PRAIRIE SENIOR ACTIVITIES

The Pickle Challenge:

Making Positive Attitudes Fun & Contagious

As you enter our facility, you may have noticed some door hangers or signs with pickles on them. What's the big dill?! We are excited to announce that as a facility we are stepping outside our comfort zone and raising the standard on how we as a team of staff members can be our best selves for not only our residents, but each other.

During May, we introduced the The Pickle Challenge. The Pickle Challenge is really quite simple for something so impactful. It was optional and not mandatory to take the "Pickle Pledge", however many staff members took the pledge without hesitation. By taking this pledge that employee is promising themselves that they will no longer waste their time and energy on blaming, complaining, gossiping, nor will they commiserate with those who seal their energy to blame, complain and gossip. Employees will have a decorated pickle jar and start fining each other one quarter for every time they catch a coworker whining or complaining in the workplace. This simple act mobilizes and empowers employees to actively address disengagement and toxic emotional negativity in the workplace. By holding each other accountable, we will not only enhance our teamwork but ultimately provide a positive, encouraging environment in our residents' HOME!

For more information about our new challenge and journey, you can learn more by visiting www.theflorencechallenge.com. We are always looking to better ourselves and we are so excited to take this initiative to continue providing top notch care and being an inviting home for our residents to reside in.

Best regards,

Rhonda Barton

Prairie Senior Administrator



Join Our Team!

Prairie Senior currently has RN, LPN and CNA positions available. Join our team and help make a difference in our residents' lives!

Visit our website to check out career opportunities. You must apply online @ www.cmciks.com



... to all of our June born residents!

- 6/1** Marjory Hanna
- 6/7** Louella Zerr
- 6/9** Maxine Prideaux
- 6/9** Robert Prideaux

Wishing you the best day
from all the staff at
Prairie Senior!

SAVE the DATES

Check out the events coming up for the month of May! Please keep in mind all activities are subject to change. If you would like to volunteer – please let us know! Contact us at 785-462-8295 and ask for Activities. We would love to have you help us in any way you are able to!



**Farmers
Café**
Thursday,
June 20th
10:00AM

Sponsored by
Anonymous Donor



**BINGO
STORE
OPEN**

**Friday, June 14th
9AM – 1PM**

**Friday, June 28th
9AM – 1PM**



**Catholic
Mass**

**Tuesday,
June 18th**

10:00AM



REMINDER

New or unlabeled clothing needs to be placed in the labeling bin at the nurses station to ensure it is marked and does not get lost. Thank you for your cooperation!



PRAIRIE SENIOR
at Citizens Health

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