

# PRAIRIE SENIOR

at Citizens Health



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## LEADERSHIP TEAM

### Medical Director

Dr. Kara Kuhlman, MD

### Administrator

Rhonda Barton

### Director of Nursing

Tina Schritter

### Assistant Director of Nursing

Deanna Schmidtberger

### Risk Manager

Jake Reinert

### Social Services Director

Emily Dietz

### Activity Director

Christina Palmer

### Dietary Manager

Jeri Jacobs

### Environmental Services Director

Wendaly Barraza

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*With Summer coming to a close, we see the leaves starting to change. The air becomes more crisp and before we know it, it is Autumn. Where many things change right before our eyes, and become a beautiful canvas for Fall Colors.*

*Prairie Senior is in an "Autumn" stage as well! Many new things coming and it is beautiful.*

*Autumn,  
the season  
that teaches us,  
that change,  
can be  
beautiful*

## New Branding for CMCI => Citizens Health

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As you have heard, we embarked on a journey to begin re-branding our organization. As we continue to grow and expand, we wanted a fresh new look that reflected on a cohesive organization that covers all aspects of health for every stage of life. We want to effectively tell our story to ensure we are well positioned for the future. Part of that includes images that reflect a modern and cohesive look and feel. Another change we have made is the use of “Citizens Health” as our umbrella name vs. “Citizens Medical Center, Inc.” Citizens Health represents our organization as a whole that offers three divisions of health care and the Citizens Foundation. PSLC also received a slight change of name as well. They will now be referred to simply as “Prairie Senior.” Family Center for Health Care and Citizens Medical Center’s name will remain the same. As you will see in the Citizens Health Logo, each color represents a branch of our organization. With the cohesive colors and shapes, this helps define us as one organization with different working branches. We hope that you embrace our new look and be proud of the growth and change we have accomplished over the past 35 years.

## New Branding for CMCI => Citizens Health

NEW	NAME	NEW	LOOK
<i>Same</i>	<i>Trusted</i>	<i>Quality</i>	<i>Care</i>

We believe that health care is a journey, not a destination, and Citizens Medical Center, Inc. is no exception. We've evolved and grown over the years and now our brand has too. You might have known us by the name Citizens Medical Center, Inc., but we're so excited to have officially made the switch to Citizens Health! Along with a new name, we've rolled out a set of eye-catching, colorful logos, each of which represents a branch of care that falls under our umbrella organization. Citizens Health is composed of the Citizens Foundation and three divisions of health care: Citizens Medical Center, Family Center for Health Care and Prairie Senior.



CMC	PRAIRIE SENIOR	FOUNDATION	FCHC
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*Enhancing the Lives of Those We Serve*

# Administrator Announcement

## Citizens Health & Grace Team Announces New Prairie Senior Administrator



Citizens Health and Grace Team are pleased to announce Rhonda Barton as the new administrator for Prairie Senior.

A Colby native with a dozen years of long-term-care experience, Barton is excited at the prospect of working with the already successful staff currently caring for Prairie Senior residents. "This professional, compassionate team will be a leader in the culture change in our service to elders in my hometown of Colby." Barton earned an associate's degree from Colby Community College in 1997 and became a physical therapy assistant (PTA); she also was awarded a bachelor's in Leadership Development and Advanced Patient Care from Grand Canyon University at Phoenix in September 2011.

Most recently, Barton was administrator at Colby Health & Rehab. Her background also includes positions of CPTA/Rehab Manager at Deseret Therapy in Colby; PTA at CMCI in Colby; and PTA at Salina Regional Health Center. Barton and Howard Culver have six children - Ashley, Samantha, Lucas, Amelia, Anthony and Olivia.

The new partnership between Citizens Health and Grace Team led to Barton's successful recruitment to PSLC. "Grace Team is a recognized leader in senior-care programming throughout Kansas," said Greg Unruh, CMCI chief executive officer. "Rhonda will bring her commitment and passion for serving seniors to Prairie Senior. She also will be an integral partner in helping define senior-care services for CMCI and our entire service region. We welcome Rhonda to our team."

Barton scheduled to assume the leadership role on September 4 at the long-term-care residence, Prairie Senior, which is owned by Citizens Health.



**CITIZENS**  
HEALTH



**PRAIRIE  
SENIOR**



# New Activity Director

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Prairie Senior is excited to announce the hire of our new Activity Director, Christina Palmer. Previously the activity director position was assumed by Emily Dietz in consolidation with Social Services. This new transition will allow both departments to maximize and enhance the departments to new depths! We are excited for Christina to join our team and the positive energy she brings to the table. Watch for a new rollout of activities and programming for our folks here at Prairie Senior. Here is a little about Christina:

I am married to my wonderful husband Adam. We met back in high school, through mutual friends and found each other later in life. He is from Winona and I am from Oakley.

I worked for CMCI back in 2006 until 2010, we moved away, and have found our way back to Oakley, and Citizens Health. We have 3 children, Isaac who is 12, Olivia is 7 and Arielle is 4, and our Siberian husky Electra. We are so excited to be back in our loving small community. I have always had a love for having fun and helping others! As the new activity director, I get to



combine them both! I can't wait to see what the future holds in store for me here at Prairie Senior!

Please help us welcome Christina to Prairie Senior and her family back to NWK!

All activity, volunteer and transportation matters should be directed to Christina from now on as we progress with this transition.



# What's Happening at Prairie Senior

We have enjoyed some outings this month. A group of gentlemen went to Welcome home Café, and enjoyed the Chicken fried steak . Yes, they all ordered the same thing! Not to mention they got fresh baked cookies after the meal!

We had a ladies lunch at Village Inn, and took 18 with us! What a fun time! Not to mention the great pie!





# What's Happening at Prairie Senior

Farmers café was sponsored this month by Sunshine Bakery of Oakley, KS!

The donuts were donated and we enjoyed every-single-one!

Thank you to Kyle and Brandi Bloom from Sunshine Bakery for sponsoring this month! We all enjoyed the wonderful treats you sent us!



A new set of activities have been rolled out this month! We have enjoyed doing new things, with new faces in the activity department!

With many more things still to come!

## ANNOUNCEMENTS



### VOLUNTEERING

Looking to volunteer? Prairie Senior has many ways you can volunteer. To find out more, please contact Christina Palmer @ 785-460-1422.



**We are looking to fill up  
our Bingo Buck\$ Store  
with more meaningful  
prizes!**

**(Stuffed animals are no longer accepted.)**



09/03 Germaine Weis

09/04 Beth Duff

09/06 John Barnum

09/11 Harry Zaborski

09/27 Dorothy Evans

09/28 Patricia Williby, Venita Davis

09/29 Lynn Page